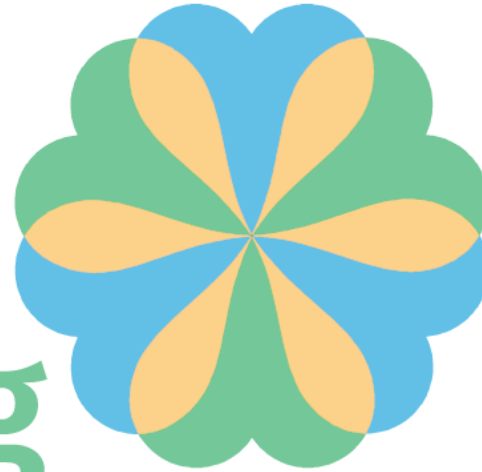


Welcome to

wellbeing
@garonpark



vitality
park

Chairman's Progress Report January 2021

to improve the health & wellbeing of people in the Southend area

“Focus on the what the future should look like, not today’s problems”

Chairman's Progress Report January 2021 - 1

This has been an exciting year for wellbeing@garonpark, while also being an extremely challenging one.

The excitement is driven by a number of key developments:

- The appointment of Lin Boulter as Site Development Manager and Frazer Clark as Community Relationship Coordinator. These roles will be vital as we seek to engage with the local community and ensure that our operation is safe and well run. We are lucky to have found such enthusiastic and well qualified appointees in Lin and Frazer.
- The opening of the Garon Park Shed. Thanks to the efforts of Ian Bysouth and his band of volunteers the shed is now ready for use. The shed offers great woodworking facilities in a friendly and welcoming environment. This was our first major project and we are proud of the outcome.
- The delivery of the Wellbeing Trail. The trail will be the anchor point for many of the facilities on offer at Garon Park. The path is wheelchair friendly and offers seating areas, vista points and the chance to engage with nature. This has been a demanding project and we thank Clive Shiret for his determination to ensure that it was delivered.
- Delivery of the first two phases of our Planting Plan. We are fortunate to have had the opportunity to work with Liam King of Writtle College to develop a plan that enhances the beauty and biodiversity of the Garon Park site and reflects national and local government guidelines. The first phase covered planting 930 hedge whips and 100 trees and the second 400 hedge whips and 520 trees. We plan to plant a further trees in the spring.

Many organisations and volunteers have helped us with these projects, so many that it is difficult to list them all. However, our major supporters have been:

- Big Lottery
- Veolia
- Southend Borough Council
- Hivedome
- EASST
- The Carbon Trust
- The Woodland Trust

and we thank them all for their help.

Alongside these important developments we have shaped our plans for the Pergola Walk, Forest School, Sensory Garden, Herbie, Community Pond, Community Garden and Orchard. We hope to raise the funding to make these plans a reality in the very near future. The continued support of Lucy Stanley in shaping and submitting our funding bids will be vital to success in this area.

Chairman's Progress Report January 2021 - 2

And what of the challenges? With the delivery of our first facilities we now turn our attention to developing real and lasting engagement with the local community. Without this, the benefits of wellbeing will not become available to local people. This is a key area of focus for us. Initial progress has been encouraging.

Our Board is small but hard working. The need to attract further Trustees to the Board with a variety of complementary skills is a priority moving forward. We also need to ensure the board is more reflective of the Southend community. Sangeeta Shah joined us as a Trustee in June and is our Marketing lead. Carol Carr, of RE House, joined us as a Trustee in December. She brings a wealth of experience in creating the opportunity for others to grow and develop a personal self worth . Both Sangeeta and Carol are excellent additions to the Board.

We have been fortunate in the support that we have received so far from a variety of funders. However, we need to look at how we ensure that wellbeing@garonpark becomes financially self-sustaining over the coming years. The balance between accessibility for the local community and revenue generation will be difficult to strike but we need to find a way.

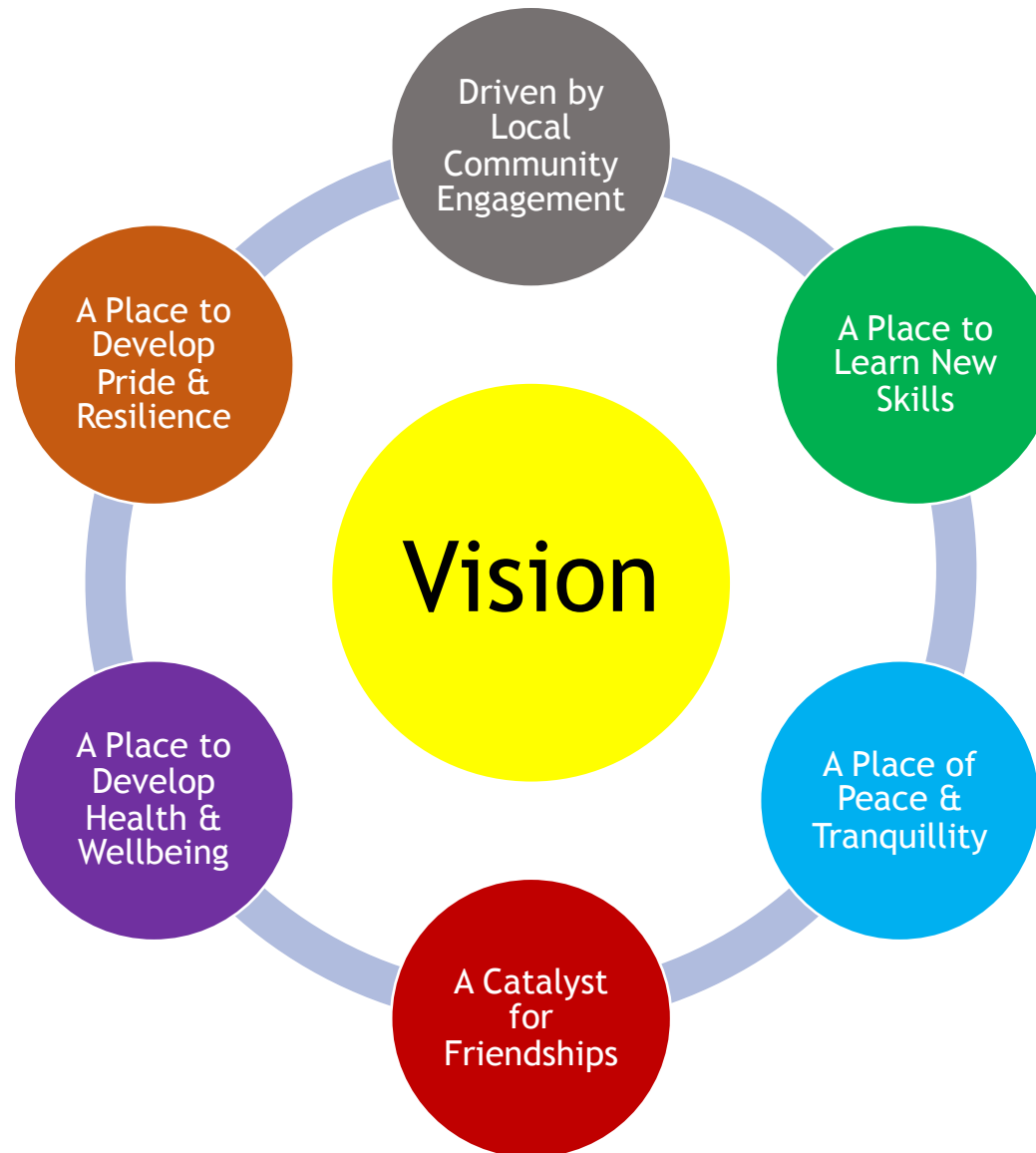
Finally, no list of challenges could fail to include the impact of COVID-19. With our other partners that use the Garon Park site we are looking at ways to emerge from the current lockdown fit and ready to serve the local community. Lin Boulter will take the lead on guiding us back to a form of normality.

It is 4 and a half years since wellbeing@garonpark came into being. Together, we have achieved much so far. I am sure that, with your help, we will achieve our aim of “providing sustainable facilities that can be used to improve local health and wellbeing, as well as enhancing the beauty, biodiversity and environmental value of the 30-acre Garon Park site in Southend on Sea” in the years to come.

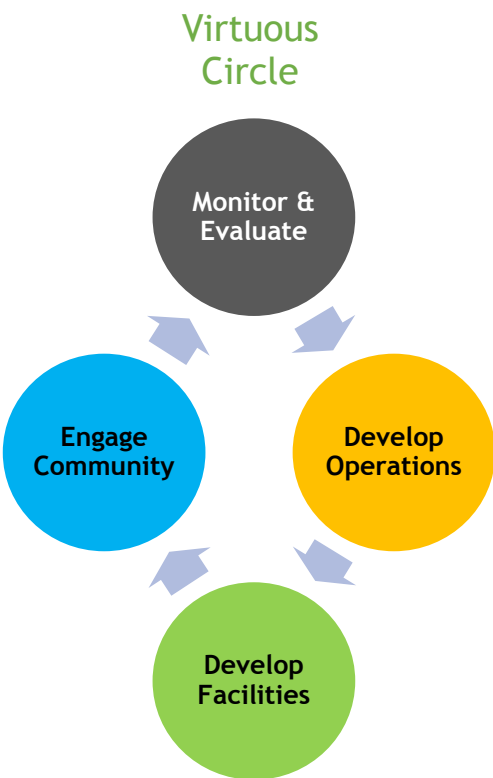
Andy Badger

Chairman wellbeing@garonpark

By 2024: What would the local community say about us?



Chairman's Progress Report January 2021: Long Term Objectives



| Category | Objective | 2021 | 2022 | 2023 | 2024 |
|------------------------|--------------------------------------------------------|------|------|------|------|
| Community Engagement | Develop & Implement Community Engagement Strategy | ✓ | | | |
| | Develop & Implement Marketing Strategy | | ✓ | | |
| | Develop & Implement Health and Wellbeing Strategy | | ✓ | | |
| Monitor & Evaluate | Develop Monitor, Evaluate & Learn (MEL) solution | ✓ | | | |
| | Review MEL outcomes and respond to them | ✓ | ✓ | ✓ | ✓ |
| Operations Development | Develop Workforce & Volunteer Organisation Structure | ✓ | | | |
| | Develop & Deliver Financial Self-Sufficiency Plan | | ✓ | | |
| | Develop & Evolve Governance and Operational procedures | ✓ | ✓ | ✓ | ✓ |
| | Seek funding opportunities | ✓ | ✓ | ✓ | ✓ |
| Facility Development | Complete Pond, Herbie, Sensory Garden & Nature School | ✓ | | | |
| | Create Community Garden | ✓ | | | |
| | Create Orchard | ✓ | | | |
| | Create Seating Hubs | ✓ | ✓ | | |
| | Create Outdoor Gym | ✓ | | | |
| | Create Arts & Crafts Centre | | | ✓ | |
| | Maintain and Enhance Biodiversity | ✓ | ✓ | ✓ | ✓ |

Chairman's Progress Report January 2021: wellbeing@garonpark Summary



Welcome to wellbeing@garonpark

| Progress Jan-Jun 2020 | Progress Jul-Dec 2020 | COVID-19 Impact | COVID-19 Mitigations in Place | Plans Jan-Jun 2021 |
|------------------------------------------|-------------------------------------------------------|-----------------------------------------------|-------------------------------------------|------------------------------------|
| | Growing Community Engagement | | | Expand Community Engagement |
| | Strategy & Delivery Plan Developed | | | Implement Strategy & Delivery Plan |
| Site Development Manager Appointed | Data Analytics Project Underway | Support of Govt policy closes some Facilities | | Complete Data Analytics Project |
| Community Relationship Officer Appointed | Community Garden Under Construction | Support of Govt. policy limits access to site | | Open Community Garden |
| Garon Park Shed Opens | Nature School Resource Centre Under Construction | Community engagement plans disrupted | Site COVID-19 operational policy in place | Open Nature School |
| Wellbeing Trail Completed | Sensory & Dry Garden, Pond, Herbie Under Construction | Facilities hire revenue streams disrupted | | Open Sensory Garden, Pond & Herbie |
| 100 Trees & 1000 Hedgerows Planted | 500 Trees & 400 Hedgerows Planted | | | Plant More Trees & Hedgerows |
| | £135k of additional funding secured | | | Plant Orchard |
| | | | | Develop & Open Outdoor Gym |
| | | | | Develop & Open Playground |

Chairman's Progress Report January 2021: Our partner Garon Park CIC Summary










| Progress Jan-Jun 2020 | Progress Jul-Dec 2020 | COVID-19 Impact | COVID-19 Mitigations in Place | Plans Jan-Jun 2021 |
|-------------------------------------------------|------------------------------|------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|
| 3G Community Football Pitch Opens | Growing Community Engagement | Support of Govt policy closes some Facilities | Site COVID-19 operational policy in place | Install Gate Security System |
| Office and Café Facility Opens | | Support of Govt. policy limits access to site | £18k Funding bridge provided by wellbeing@garonpark | Install Camera Security System |
| Easy Access Entrance Installed | | Some Facilities hire revenue streams cut off | Install IT Systems Booking Membership Payment Data Collection Access | Planning applications Extended Car Park 2nd 3G Football Pitch New entrance to park Skateboard Park |
| Bicycle Racks & Upgraded Furniture in Club Room | | Some Facilities hire revenue streams disrupted | Extend Community Access Safe Area | Design Scout / School Summer Campsite |

Chairman's Progress Report January 2021: Growing Community Engagement



Community Engagement

| | | | | | | |
|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|
|  |  |  |  |  |  |  |
| <p>Active Essex</p> <ul style="list-style-type: none"> • Park walks | <p>Little Heroes</p> <ul style="list-style-type: none"> • Family picnics • Outdoor activities • Treasure hunt | <p>RE House</p> <ul style="list-style-type: none"> • Outdoor activities | <p>Southend Home Education</p> <ul style="list-style-type: none"> • Indoor & outdoor activities • Bird box building | <p>Temple Sutton School</p> <ul style="list-style-type: none"> • Storytelling chair • Friendship bench • Nature school participation • Logo competition <p>Engagement begun with other schools</p> | <p>SBC Public Health</p> <ul style="list-style-type: none"> • Mental health referral initiative • Developing health & wellbeing links | <p>St Edmund's Community Hall</p> <ul style="list-style-type: none"> • Developing links into our target community |



| Community Clubs | Women's & Girl's Football | Ability - Connectability | Education | Action Through Football | Walking Football | Walking Netball |
|------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"> • Old Southendians FC • Old Southendians Youth FC • Trinity FC | <ul style="list-style-type: none"> • Trinity FC • Southend United Community & Educational Trust | <ul style="list-style-type: none"> • Special Olympics • The FA | <ul style="list-style-type: none"> • Southend United Community & Educational Trust • South Essex College • Home Learning | <ul style="list-style-type: none"> • Gang relief schemes | <ul style="list-style-type: none"> • Health & wellbeing benefits to older people | <ul style="list-style-type: none"> • Health & wellbeing benefits to older people |

Chairman's Progress Report January 2021: Recent Successful Funding Bids

£135k of
additional funding
secured

| Funder | Date awarded | Amount | Project |
|-----------------------|---------------|----------------|----------------------------------------------------------|
| Fowler, Smith & Jones | March 2020 | £1,000 | Nature School |
| ROSCA Trust | May 2020 | £500 | Herbie |
| Hivedome | October 2020 | £50,000 | Nature School Resource Building & Toilets |
| Essex Community Fund | October 2020 | £3,500 | Community Garden |
| Garfield Weston | November 2020 | £10,000 | Sensory Garden, Pond & Orchard |
| SBC Public Health | November 2020 | £2,160 | Garon Park Shed Wood Store |
| Woodland Trust | November 2020 | Trees & hedges | Biodiversity |
| Carbon Trust | November 2020 | Trees & hedges | Biodiversity |
| Veolia Environmental | December 2020 | £68,300 | Outdoor gym, playground, Orchard, Seating & Toilet Block |

£135,460

Chairman's Progress Report January 2021: Key facilities - funded and under development

Facilities Under Construction

| | Features | Key Benefit |
|----------------------------------------------|-------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Herbie, Sensory & Dry Garden and Nature Pond | Calming spaces to explore the senses and interact with nature | Positive outdoor experience improves mental health and wellbeing |
| Nature School | A safe space for children to engage with nature | A positive outlet and experience not available to many school children |
| Nature School Resource Centre | Space to hold lessons, storage facilities & toilets | Improved comfort, quality and content of lessons in Forest School |
| Community Garden | Local community maintains the garden & planting in raised beds - wheelchair friendly | Gardening experiences for those with no or little outside space - and produce too! |
| Orchard | Community orchard featuring East of England varieties | Pretty, calming vista and produce for the local community |
| Outdoor Gym | A "trim trail" facility with 5 sites each containing gym equipment placed around the park | Accessible facilities to improve health and wellbeing |
| Playground | Play equipment for children | Safe outdoor activities for children |
| Seating | Furniture to support seating areas | Positive outdoor experience improves mental health and wellbeing |